

# Aireborough Family Practice

[www.aireboroughfamilypractice.nhs.uk](http://www.aireboroughfamilypractice.nhs.uk)

## OPENING HOURS and APPOINTMENTS

To ensure that we are continuing to offer a good service to our patients we would like to remind our patients that we open from 7:30am on Tuesday mornings and open until 7:30pm on Wednesdays evenings. All other times are from 8:00am until 6:30pm.

We pride ourselves in offering our patients all care under one roof. We will not send you elsewhere to see a doctor for a routine appointment.

ALL appointments offered are in house where the

## DOCTORS KNOW YOU AND YOU KNOW THEM.

We also ensure that all children under the age of 10 years are seen within the same day and where possible within 2 hours.

**Meningococcal & Septicaemia.** This is a rare but life threatening disease which infants, young children, teenagers and young adults have the highest risk of contracting. Since 2009 there has been a gradual increase of people developing the disease and there is no sign of the numbers declining. Meningococcal can cause meningitis which is an inflammation of the lining of the brain and septicaemia is blood poisoning. Both disease are very serious and can kill especially if not diagnosed early. Symptoms to look out for are—Fever, Vomiting and Diarrhoea, Drowsiness, Irritability, Severe Headaches, Pale blotchy skin with/without a Rash, Convulsions/Seizures, Stiff Neck. Not all these symptoms have to be present. If your or your child is between 13—18 years they will need to get the MenACWY vaccination ASAP. Please book an appointment with our practice nurse informing reception that they are eligible for the MenACWY.

**SHINGLES VACCINATION.** Does your birth date fall between the following - 02.09.1944—01.09.1945, 02.09.36—01.09.1937 or 02.09.1935—01.09.1936 ??

If so, you qualify for receiving a shingles vaccination. Although the vaccination doesn't guarantee you will not contract shingles it will help to lessen the symptoms and aid a quicker recovery. Please book in with one of the nurses ASAP.

### Health Factoid—

Your nose is not as sensitive as a dog's, but it can remember 50,000 different scents.



**CQC.** This is an independent regulatory body of health and adult social care in England. During 2015/16 we will be inspected to ensure we are continuing to deliver a high level of care to our patients. We will keep you posted as to when we have been assessed.

### Opening Times - Surgery and Clinic

#### Opening times:

**Monday: 8:00am—6:30pm**

**Tuesday: 7:30am—6:30pm**

**Wednesday: 8:00am—7:30pm**

**Thursday: 8:00am—6:30pm**

**Friday: 8:00am—6:30pm**

#### Clinic times:

**Monday: 8:10am—6:10pm**

**Tuesday: 7:40am—5:50pm**

**Wednesday: 8:30am—6:50pm**

**Thursday: 8:30am—5:50pm**

**Friday: 8:00am—5:50pm**

Lloyds Pharmacy at Silver Lane is open from: 8:30am until 7:00pm Monday to Friday.

## Local Rate Telephone Number : 0113 3911950

As from June 2015 all patients are allocated a named GP. This does not affect which doctor you see in the practice. If you wish to know who is your allocated GP—please ask reception.

**Any Suggestions??** We are always looking for ways we can improve as a practice. If you think there is something we can get better at or improve on we are happy to hear from you.

Please ask at reception for a 'Suggestions' form to complete and hand in.

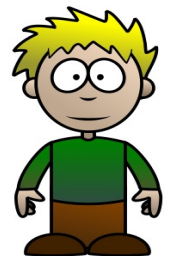
## Friends and Family Test

The Friends and Family test is new to GP Practice and is a feedback tool that is designed to support the principle that people who use the NHS have the opportunity to provide feedback on their experience that can be used to improve services. It is not a traditional survey. However it is a continuous feedback loop between patients and practices. We have a simple questionnaire which we will ask patients to complete on one day during each month. If you are asked to complete a questionnaire—please fill in and pop in the Friends and Family post box located at reception. The figures will be posted on our website and on the rolling board in reception.

If you require medical advice out of hours you can call 111 or if you need an ambulance you can still call 999.

**View your records on-line.** As from end of March 2015 you will be able to view your medical records on line from your computer, tablet or mobile phone. This is a new facility within our practice. To have access to your records you will need to register with reception who will provide you with a password. This service is in addition to what's already available via our website—[www.aireboroughfamilypractice.nhs.uk](http://www.aireboroughfamilypractice.nhs.uk)

**Health factoid**—Blondes may or may not have more fun, but they definitely have more hair. Hair colour helps determine how dense the hair on your head is, and blondes (only natural ones, of course), top the list. The average human head has 100,000 hair follicles, each of which is capable of producing 20 individual hairs during a person's lifetime. Blondes average 146,000 follicles. People with black hair tend to have about 110,000 follicles, while those with brown hair are right on target with 100,000 follicles. Redheads have the least dense hair, averaging about 86,000 follicles.



**Patient Participation Group.** We are in need of volunteers to give practical and sensible suggestions to help us improve in our service. This group virtually meets over 4/6 months. If you wish to participate please complete a registration leaflet at reception to ensure that you are added to our distribution list.

**Repeat Prescriptions .** As the reception desk is extremely busy we are no longer able to take repeat requests over the telephone. You can still order via pharmacy of your choice, on-line or over the counter.